



**Prep2Bless makes Emergency Prep Easy with Five STEPs.
North Texas Citizens invited to Emergency Preparedness Day on Sept.15th**

FOR IMMEDIATE RELEASE. Grand Prairie, TX. August 27, 2012. When it comes to emergencies and disasters, most Americans acknowledge that they are unprepared. A February survey published by Persuadable Research Corporation stated the reasons for a lack of preparedness are: the expense, a lack of awareness and a lack of time. With hundreds of “prepper” websites selling product and reality shows such as *Doomsday Preppers*, many people are overwhelmed by too much information.

Taking the stance that emergency prep doesn’t have to be overly complicated, [Prep2Bless](#) is providing North Texans with an opportunity to be informed and empowered to start prepping the right way. This Emergency Preparedness Training and Expo on September 15 is being held from 8 AM to 5 PM at Shady Grove Church in Grand Prairie.

“We found that one of the main reasons people were not building their family emergency plan was because it seemed too complicated and people would stall out without finishing,” explains Lynn Scarborough, Prep2Bless Coordinator. “I took the FEMA and Red Cross Guidelines and created the Five Steps to give everyone an easy way empower people with attainable goals.”

Participants will learn how to make a family emergency plan in the “Five Steps of Smart Prep”, within a budget and with 15 minutes a day. This is not a fear based zombie apocalypse survival training, but rather a practical approach with detailed, interactive workshops. The goal of Prep2Bless is to equip individuals and faith-based communities with the skills for effective response in times of crisis so that they can in turn be a blessing to others in times of disaster.

The Five Steps of Smart Prep, developed from FEMA and Red Cross Guidelines, are an easy way for anyone to prepare. Each of the Five Steps are made memorable with well-known characters that demonstrate the importance of prepping. The Five Steps of Smart Prep are:

1. Family Plan
2. 3 Days of Food and Water
3. Shelter
4. Safety
5. Long Range Planning

[Interactive presentations](#) will include topics such as What to Do 15 Minutes After It Hits, Building an Emergency Kit, Surviving without Electricity, First Aid, Food and Water Storage, Elderly Care During Emergencies, Self Defense taught by Navy Seals, Animal Care in Disaster, Gardening in the City, HAM Radio, Stories from the Front Lines, and more!

Expert speakers include officials from FEMA, Red Cross, World Vision, City Officials with Police, Fire, & Water Departments, Texas Baptist Men and more.

The increase in natural disasters, financial crisis and terrorist events such as, the Aurora shooting, have made “prepping” a top of mind issue. On Saturday, September 15, [Prep2Bless](#) will provide the citizens of North Texas with an opportunity to learn easy and effective methods for emergency preparation.

For more information on Prep2Bless, visit <http://Prep2Bless.com> or register online at <http://prep2bless-shadygrove.eventbrite.com/>. Registration for this all day training is \$15 with lunch included. Group and church rates are available by emailing Prep2Bless@gmail.com or calling 972-95-PREP1.

Don't miss this chance to learn the Five Steps to **Smart Prep!**

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