



## Survive the Zombie Apocalypse!

### Prep2Bless Makes Emergency Prep Easy at December 1 Training

**FOR IMMEDIATE RELEASE. Grand Prairie, TX. November 12, 2012.** Surviving a Zombie Apocalypse is a popular theme for TV, movies, video games, and even CDC and FEMA training exercises. Even though Zombies may not be real, the importance of Emergency Preparedness training is a critical for every person and community. Hurricane Sandy reminded Americans why a Family Emergency Plan and a 72 hour Kit are essential.

Taking the stance that emergency preparedness doesn't have to be difficult, [Prep2Bless](#) wants to help North Texans to get started. This free Emergency Prep Training will be December 1 from **8:00 AM to 12:00 PM** at Shady Grove Church in Grand Prairie. "It is our goal that every family in our area is able to survive for three days without electricity or cell phones," explains Prep2Bless Organizer, Lynn Scarborough.

"We found people had stalled out because the process seemed too complicated and depressing," states Scarborough. "We developed the Five Steps of Basic Prep to show that Prepping doesn't have to be complicated, expensive, time consuming or fear-based."

Americans acknowledge that they are unprepared for disasters. A February survey published by Persuadable Research Corporation stated the reasons for a lack of preparedness are: the expense, a lack of awareness and a lack of time. Additionally, many people are overwhelmed with too many options, lists and fear-based approach of reality shows such as *Doomsday Preppers*.

"We hope that we never have to live through a real zombie apocalypse; however we know that preparation is the best way to conquer fear. Prep2Bless provides a practical approach with specific details that make emergency prep easy," explains Scarborough. "The goal of Prep2Bless is to equip individuals and organizations with the skills and training so that they can be a blessing to others in times of disaster. We want leaders from churches and schools to take this information back to their groups and neighborhoods and train them."

On Dec. 1<sup>st</sup>, participants will participate in workshops, demonstrations and receive materials so they can help their family, church or office be prepared. Prep2Bless workshops include – Help! NO Power!, Building an Emergency Kit, Food and Water Storage, Elderly Care During Emergencies, First Aid, Animal Care, Gardening in the City, HAM Radio, Volunteer Training, Stories from the Front Lines, and more!

Emergency Preparedness speakers include: FEMA, Red Cross, World Vision, City Officials with Police, Fire, & Water Departments.

On Saturday, December 1<sup>st</sup> from 8:00-12:00, [Prep2Bless](#) will provide the citizens of North Texas the opportunity to "Get Started" with emergency preparation. **No charge for attendance but registration is required** as seating and materials are limited. For information on Prep2Bless, visit <http://Prep2Bless.com>, register online <http://prep2bless-shadygrove.eventbrite.com/>. Contact [Prep2Bless@gmail.com](mailto:Prep2Bless@gmail.com) or 972 957-7371 or 972 95PREP1.

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